



THY KINGDOM COME - ideas for families

The Archbishops have asked us to pray that more people will get to hear about Jesus.

Be part of something huge as a family!

Have fun and join in by committing to a short time of prayer every day from

Sunday 8th – Sunday 15th May

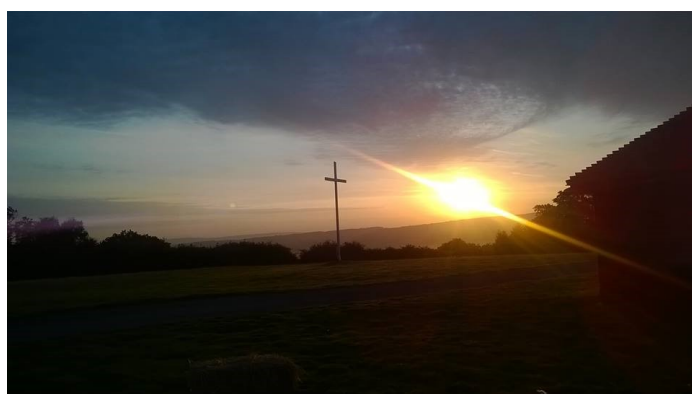
Each Day we ask that you :

Gather together,

Pray for 5 specific people to come to know God's love,

Think and talk about one line of the Lord's Prayer while doing a short activity,

Finish by saying the Lord's Prayer together.





Before you begin:

As a family, decide on a time when you can all be together for 10 minutes. The best time for you might be snuggling in bed in the morning, breakfast time, straight after school, teatime or bedtime. Whenever is right for you is the best time. If you need to change the time some days, no problem! It is much better to do that than not to pray at all.

Below are the resources you will need for the suggested activities. We recommend that you gather them before you start and place them in a box (except the ice cubes and the bread). You could decorate it as your prayer box—a shoe box would work well.

For our suggestions you will need:

The box, A copy of The Lord's Prayer (at the end of this document), one each if you wish.

Sunday - 1 x A6 piece of paper each and 5 extra pieces; Crayons or felt pens, a glue stick.

Monday - triangles of paper and string for bunting or magnetic letters. **Tuesday** - nothing.

Wednesday – a small amount of bread. **Thursday** - some icecubes on a saucer and perhaps a towel.

Friday - a Bible (the Bible passages are also printed out in full at the end of this document or use www.biblegateway.com) NB if you are using a children's bible make sure it has the two stories of The Temptations of Jesus and The Coming of the Holy Spirit at Pentecost) and 1 small stone per person. **Saturday** – a bible again and a torch or a candle and matches (if an adult is present).

Praying for others to know Jesus is one of the most powerful things we can do, so between you, carefully think of 5 people who you will pray for every day until Pentecost. Then choose to do **one** of the following:



Find 40 building bricks. Choose 5 and write the name of one person you have chosen to pray for on each of them. Every time you pray for that person, put another brick on top of the name to create a prayer tower.

Or



Take a piece of string/embroidery thread/ribbon (one each) and tie 5 knots in it at regular intervals or thread 5 beads onto it. Each knot or bead is there to remind you of the 5 people you are going to pray for this week.

Ready ?

Let's get praying!

SUNDAY 8th MAY

Gather together. Breath in and out slowly 5 times.

Pray for your 5 people in turn using the method of your choice and this prayer.

“Lord Jesus, we pray that may know how much you love him/her.

May s/he come to love and follow you. Amen.”

Explore: Our Father in Heaven,

We are all part of God’s family, he loves each one of us, old and young and everyone in between.

Each person draw a self portrait. Then sharing them between you, draw each of the 5 people you are praying for this week.

Stick them onto the outside of your box or on the inside of the lid.

Whoever we are, we are part of God’s family and during the week you might like to keep adding pictures of more people.

Now say the Lord’s Prayer together finishing with a very loud AMEN!



MONDAY 9th MAY

Gather together. Breath in and out slowly 3 times.

Pray for your 5 people in turn using the method of your choice and this prayer.

“Lord Jesus, we pray that may know how much you love him/her.

May s/he come to love and follow you. Amen.”

Explore: Hallowed be your name,

People use many different names for God and Jesus eg Father, Lord, Rabbi, Saviour, Teacher.

Which names would you choose if you were telling a friend about Jesus?

You could use magnetic letters on the fridge or write them on triangles of paper, attach to string and hang them up as bunting.

God’s name is Holy, it is special, help us to use it well.

Now say the Lord’s Prayer together finishing with a very quiet AMEN!



TUESDAY 10th MAY



Gather together. Breath in and out slowly 5 times.

Pray for your 5 people in turn using the method of your choice and this prayer.

“Lord Jesus, we pray that may know how much you love him/her.

May s/he come to love and follow you. Amen.”

Explore: Your kingdom come, Your will be done, on earth as it is in heaven.

Heaven is a wonderful place where God rules, all is good and there is no suffering.

The world can be very different from this.

Talk together and each find one thing you can do today to help earth become more like heaven for someone else.

Eg talk to someone at school who seems lonely, buy a copy of the Big Issue, smile at everyone, make a big effort to only say encouraging things, give your pocket money to a good cause.

Finish with the Lord’s Prayer and smile when you say Amen!

WEDNESDAY 11th MAY



Gather together. Breath in and out slowly 3 times.

Pray for your 5 people in turn using the method of your choice and this prayer.

“Lord Jesus, we pray that may know how much you love him/her.

May s/he come to love and follow you. Amen.”

Explore: Give us today our daily bread.

Have a some bread (or toast) in front of you.

Talk about the meals you will eat/ have eaten today. What is your favourite food?

Think of those who won’t have enough to eat.

Find out where your nearest food bank is, then work out how you can support it or decide to invite a person or a family you don’t know very well for a meal.

Who will you choose?

Finish with the Lord’s Prayer and.....when you’ve said “Amen”, eat the bread.

THURSDAY 12th MAY

Gather together. Breath in and out slowly 5 times.

Pray for your 5 people in turn using the method of your choice and this prayer.

“Lord Jesus, we pray that may know how much you love him/her.
May s/he come to love and follow you. Amen.”



Explore: Forgive us our sins as we forgive those who sin against us.

Try and hold an ice-cube. Feel how hard it is.

Who has upset us recently. Have we forgiven them or are we holding a grudge?

What have we done recently that has upset someone else?

Are we sorry? Have we asked them to forgive us?

It's a two way thing! We want God to forgive us when we have done wrong but we need to forgive others as well.

Don't let your heart be as cold as ice. Forgive your friends and family the wrong things they have done.

Say the Lord's Prayer together and when you've said "Amen" leave the ice cubes to melt away.

FRIDAY 13th MAY

Gather together. Breath in and out slowly 3 times.

Pray for your 5 people in turn using the method of your choice and this prayer.

“Lord Jesus, we pray that may know how much you love him/her.
May s/he come to love and follow you. Amen.”



Explore: Lead us not into temptation

At the end of the week we can be tired which makes us grumpy and cross.

It is easy to be unkind and hurt people when we feel like this.

Choosing to do the right thing is often hard. Even Jesus was tempted to do the wrong thing.

Open the Bible and find Matthew 4: verses 1 – 11. Listen while someone reads it out loud.

Choose a small stone. Put in your pocket or school bag to remind you to stay on the right path and that God is walking with you.

Say the Lord's prayer together and at the end stand up to say Amen with a Mexican wave.

SATURDAY 14th MAY

Gather together. Breath in and out slowly 5 times.

Pray for your 5 people in turn using the method of your choice and this prayer.

“Lord Jesus, we pray that may know how much you love him/her. May s/he come to love and follow you. Amen.”

Explore: But deliver us from evil.

Sometimes we are scared, we worry about things or we go through dark times in our lives.

God has promised to be there with us in these difficult times.

He is like a light that shines through the darkness.

The Bible says in John1:v5 “The light shines in the darkness, and the darkness has not overcome it”

If there is an adult present they could light a candle or you could turn on a torch and shine it at the ceiling

As you look at the light, say the Lord’s Prayer together and remember that God is always with us.

When you say Amen, blow out the candle or turn off the torch.



SUNDAY 15th MAY - PENTECOST

For the kingdom, the power and the glory are yours, now and forever. Amen

Today is Pentecost when we celebrate the coming of the Holy Spirit to the first disciples.

From the Bible read together Acts chapter 2: v1-4 ,the story of the coming of the Holy Spirit.

Can you find out how to say “Your Kingdom Come” in a different language or do you know someone who could teach you ?

The disciples went on to spread the word about God’s **Kingdom**.

At Pentecost **the power** of the Holy Spirit was revealed through the wind, the fire and speaking in tongues.

The disciples were given the courage to go out and speak about **the glory** of God.

This morning go to a church near you, wear something red and/or yellow to remember the flames. During the prayers pray especially for your 5 people, that they may come to know God.

Join in with the Lord’s Prayer when it is said and if it isn’t, you could sit down at the end and say it as a family.

Thank you for joining your prayers with 1000’s of other Christians, but don’t stop there - you can pray at any time, God is always listening. Amen



This has been compiled by the Children's and Families' Ministry Adviser in Guildford Diocese. If you would like to send in any comments or pictures please or get in touch by email alison.hendy@cofeguildford.org.uk

For more ideas on how to pray as family here are two great websites

<http://www.brf.org.uk/faithinhomes>

<http://godventure.co.uk/>



Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power and the
glory are yours
now and for ever.
Amen.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen

Bible Passages

Matthew 4: v1-11 New International Version (NIV)

Jesus Is Tested in the Wilderness

⁴ Then Jesus was led by the Spirit into the wilderness to be tempted by the devil.

² After fasting forty days and forty nights, he was hungry. ³ The tempter came to him and said, "If you are the Son of God, tell these stones to become bread."

⁴ Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'

⁵ Then the devil took him to the holy city and had him stand on the highest point of the temple. ⁶ "If you are the Son of God," he said, "throw yourself down. For it is written:

"He will command his angels concerning you,
and they will lift you up in their hands,
so that you will not strike your foot against a stone.

⁷ Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'

⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour. ⁹ "All this I will give you," he said, "if you will bow down and worship me."

¹⁰ Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'

¹¹ Then the devil left him, and angels came and attended him.

Acts 2: v1-4 New International Version (NIV)

The Holy Spirit Comes at Pentecost

² When the day of Pentecost came, they were all together in one place. ² Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. ³ They saw what seemed to be tongues of fire that separated and came to rest on each of them. ⁴ All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

